

Smoke-free housing

Why you should consider living in a smoke-free home and how to do it

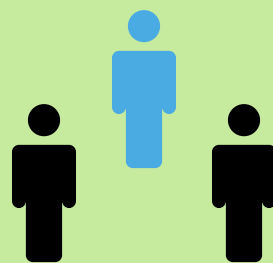
Why should I look for a #SmokeFree apartment?



Secondhand smoke increases risk of **heart attack, stroke, cancer, and asthma**



There is **no safe level** of secondhand smoke exposure



More than **1 in 3** nonsmokers who live in rental housing are exposed to secondhand smoke

Children living in multi-unit housing are **exposed to more secondhand smoke** than those who don't

Secondhand smoke **can drift into your unit** from other units, seeping into furniture and causing bad smells and health problems

Making your home smoke-free

Whether or not your apartment building prohibits smoking, here are tips to make your apartment smoke-free!

01

Put out a bowl of sugar-free gum or candy so that smokers can have something inside the home rather than a cigarette.

02

Designate a smoking area outside of the home that is away from doors and windows and follows any smoke-free rule at your property.

03

Post reminders so everyone knows that they cannot smoke in your home.

04

Remove ashtrays, lighters, and matches from the home.

If they don't already, talk to your property manager about adopting a smoke-free policy! Visit breatheeasygahomes.org to learn more.



Looking for a smoke-free apartment?

Check out the BreatheEasy GA Homes property listing at:

breatheeasygahomes.org/residents



Is your apartment complex already smoke-free?

Make sure they're on the #BreatheEasyGAHomes property list! If not, tell your property manager to apply today!

BreatheEasy Georgia Homes promotes smoke-free living for all Georgia residents by working to reduce secondhand smoke exposure in multifamily housing. The BreatheEasy Georgia Recognition program recognizes and promotes apartment communities that provide a smoke-free environment for their residents and staff.



If you are interested in finding out more about the benefits of a smoke-free property, visit breatheeasygahomes.org, email info@breatheeasygahomes.org or call (404) 657-3378. Use @BreatheEasyGa to follow us on:



Emory Prevention Research Center



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