

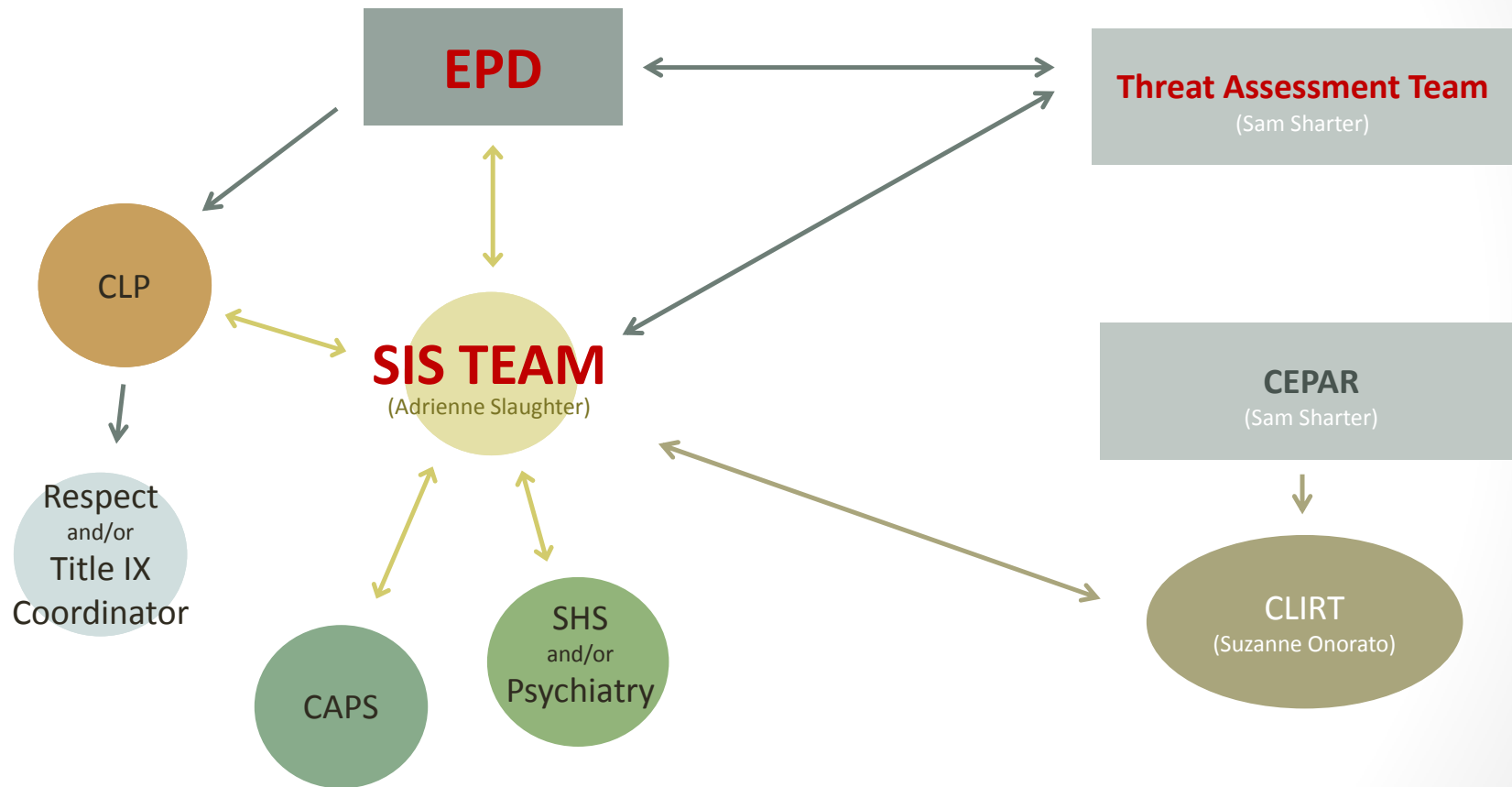
Supporting Graduate & Professional School *Students of Concern*

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Mechanisms of Support



Counseling & Psychological Services Staff

2018-19



Counseling & Psychological Services (CAPS)

- **Services:** Free, confidential services for enrolled students, including: crisis walk-in appointments; initial assessments; short-term individual and couples therapy; discussion, support, and therapy groups; and referrals to specialized and community providers. Also, stress management/biofeedback classes, consultation, outreach, & educational workshops.
- **Staff:** Licensed psychologists, social workers, post-graduates, pre-doctoral psychology interns, and contract clinicians (LCSW, LMFT, LPC).
Note: Psychiatrists (MD's) are located in *Student Health Services*.
- **Hours:** 8:30 a.m. to 5:00 p.m., Monday through Friday. **404-727-7450**
- **Location:** 1462 Clifton Road, Suite 235, 2nd Floor. <http://studenthealth.emory.edu/cs/>.

Situations in which a Consultation or Referral would be Appropriate:

- A student behaves in ways which you find disturbing; or other students come to you with concerns about a student.
- A student talks/writes explicitly about hopelessness , suicide, or harm to others.
- You notice yourself feeling angry, helpless, mystified, or frightened with regard to a student.
- You believe a student may be having a hard time academically or personally because of adjustment factors related to language, culture, or personal development.
- A student lets you know that he/she has a psychological disability or disorder, and you are unsure how to respond.

Making a Referral to CAPS:

(1) Share your concern.

-Let the student know why you're concerned, citing your observations about the students' own concerns or behaviors (e.g., *"I often hear you mention your worries about X,"* or *"I can tell from our recent conversations that this is worrying you and that you need to talk about it,"* or *"When you mention that you are thinking of suicide, that concerns me."*).

-Avoid labeling the student or their behavior (e.g., don't say *"I think you're depressed,"* or *"This isn't normal,"* or *"You need therapy"*).

-Share what you believe they will gain from meeting with a therapist (e.g., *"I think you'll find it helpful to discuss this with someone impartial who can help you sort out your thoughts and feelings"*).

-Not sure whether or how to bring the issue of a referral up to the student? Feel free to call and consult with a clinician about it.

Making a Referral to CAPS (cont'd):

(2) Let the student know what to expect.

-A student can either call or stop by CAPS to make an initial “intake” appointment. If it's a urgent, the student should say so. We offer urgent care walk-in (triage) appointments Monday-Friday, 8:30-3:30. The clinician and student will work together to locate whatever supports the student needs, whether on or off campus.

-All client discussions and records at CAPS are confidential.

-Be respectful of the student's cultural assumptions about what it means to speak with a therapist, while assuring them that you believe consulting with a clinician is not only acceptable but may be a very wise decision on their part.

(3) Follow up.

Tell the student that you don't need to know the details, but you'd like to hear whether they had an appointment and whether it was helpful (e.g., *“Let me know how your meeting with the therapist goes -- you don't have to tell me details, but I'd like to know that you've found someone to speak with.”*).

CAPS' Therapy Dogs: Beowulf and Finn

Native American Indian Dogs with a little Golden Retriever mixed in. Both of these cuties live with their handler/mom, Dr. Colleen Duffy, staff psychologist.



Student Intervention Services (SIS)

Mission: The Student Intervention Services (SIS) Team consists of trained staff from ECL who coordinate the university's response for students in distress, with the goal of providing students with the resources and support they need to succeed.

Chairperson: Adrienne Slaughter, LCSW, MSW

Team Members: Adrienne Bryant, Allison Butler, Brittney Romanson, Kayla Hamilton, Kevin Crawford, Leisa Stafford, Natasha Hopkins

p: 404.430.1120

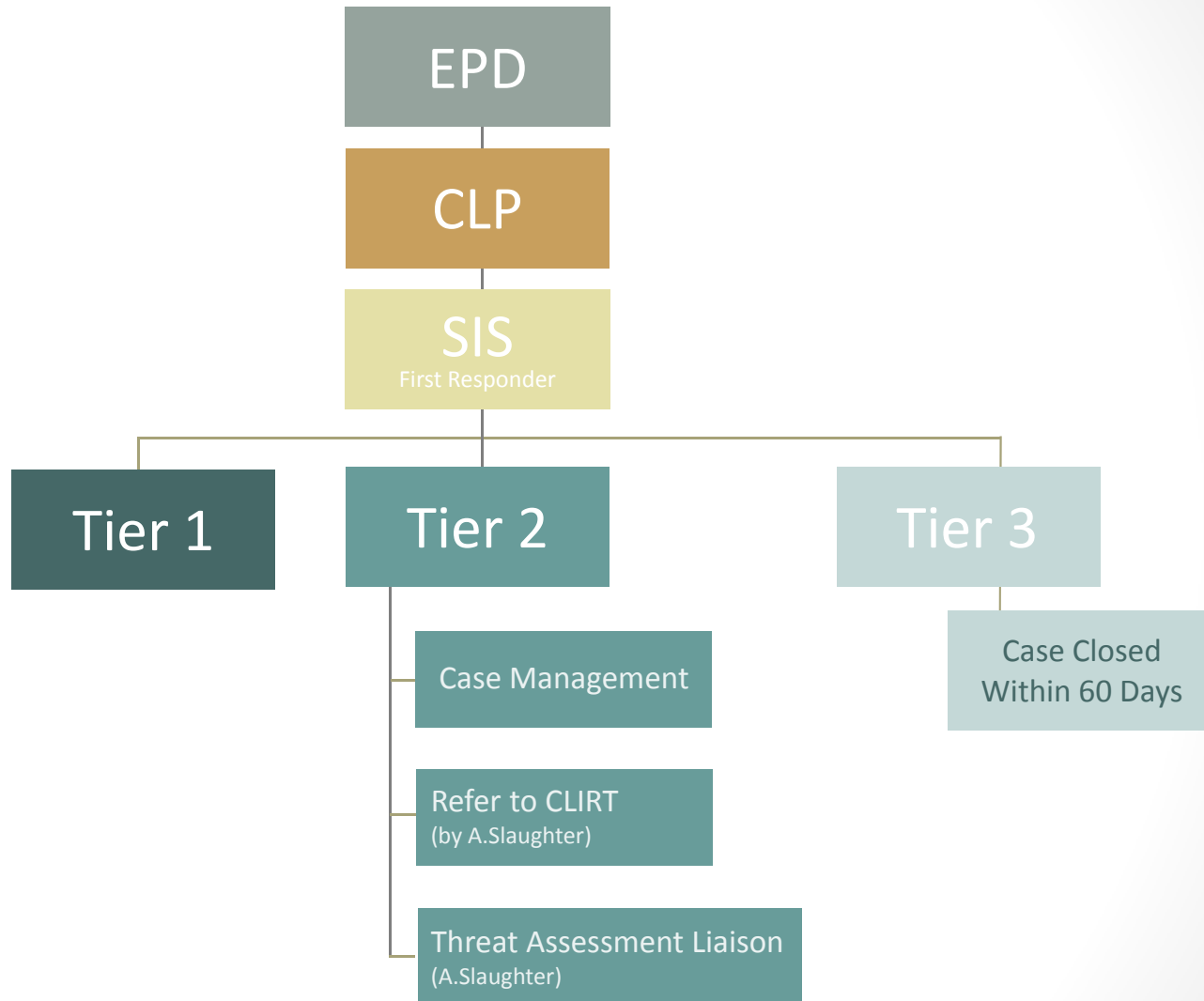
e: sisteam@emory.edu

For urgent concerns, call the **Emory Police Department** at **404.727.6111**



Student Intervention Services

Tiered Response System



Respect Program

Mission: The Respect Program is Emory's central hub for interpersonal violence prevention and survivor resiliency.

Director: Wanda Swan, M.A., Office of Health Promotions

Team Members: Jamechya Duncan, Michele Passonno

p: 404.727.1514 (non-emergency, during business hours)

RESPECT ADVOCATES

p: 470.270.5360 (24/7, free + confidential* **emergency** support.
Provide accompaniment and/or resources)

* (insert text here)



Threat Assessment Team (TAT)

Goal: To minimize the likelihood that preventable acts of violence are carried out in our community.

Process: TAT relies on members of the community to come forward with situations of concern and to assist in gathering information so that TAT can assess the situation and intervene appropriately.

TAT members: EPD, General Counsel, CEPAR, HR, FSAP, ECL, CAPS.

Imminent Danger: Always immediately call **911** or EPD **404.727.6111**

TAT Initial Points of Contact:

Rus Drew, Emory Police Department | 404.727.6111

Amy Adelman, Office of the General Counsel | 404.727.0192

Del King, Human Resources | 404.727.7567

Paula Gomes, FSAP | 404.727.4328

Adrienne Slaughter, Student Success | 404.764.8904



Office of Accessibility Services (OAS)

GOAL: OAS provides individual accommodations that reduce or remove barriers that limit the ability of students with disabilities to participate in postsecondary education. Accommodations are developed based on the functional limitations caused by a student's disability within an academic environment.

Process: Students must reach out to OAS to initiate the registration process. Documentation is collected and reviewed. If eligible under the ADA, an intake meeting is arranged to discuss an accommodation plan and steps to implementation.

Director & ADA Compliance Officer: Allison Butler, PhD, CRC

OAS Staff: Jordan Crawford, Deb Floyd, Jackie Reese, Toni Sellers-Pitts, Angela Williams, Tiffany Williams

Main Office: Phone | 404.727.9877

Email | accessibility@emory.edu

Website | accessibility.emory.edu

Examples of Accommodations for Mental Health Conditions

Functional Limitations

- A student's ability to concentrate during tests/exams
- A student's ability to meet assignment deadlines
- A student's ability to listen and take class notes at the same time
- A student's ability to make class presentations
- A student's ability to attend class during episodic flares

Academic Accommodations

- Extra time to complete tests/exams
- No more than one test/exam scheduled per day
- Use of a notetaker for class notes
- Assignment extensions negotiated in advance, when possible
- Flexibility with attendance

Barriers to Utilizing Accommodations

-Early Disclosure vs. Delay of Disclosure

- *Expressed Vulnerability*

-Stigma – Treated differently

-Professor Perspective

-Stress Overload

-Accommodations ≠ Success

- *Dropping Classes; Medical Withdrawal; Leave of Absence*

Faculty Resources: <http://accessibility.emory.edu/faculty-resources/index.html>

When in doubt, consult: Allison Butler and Dean Mary Horton

Resources for Distressed Grad Students

- **Emory Police Department (EPD):** 404-727-6111 (emergency); 404-727-6115 (office); 1784 North Decatur Road; <http://www.campserv.emory.edu/epd/>
- **Student Intervention Services Team:** 404-430-1120. <http://success.emory.edu/SIS/index.html>
- **Counseling & Psychological Services (CAPS):** 404-727-7450; 1462 Clifton Rd., Suite 235
<http://studenthealth.emory.edu/cs/>
- **Student Health Services (includes Psychiatry):** 404 -727-7551; 1525 Clifton Rd
http://studenthealth.emory.edu/hs/about/contact_us/index.html
To reach an Emory Healthcare **psychiatrist-on-call** after hours or weekends, call **404-778-5000**.
- **Respect Program (Sexual Assault):** For confidential support/advocacy during business hours, call the Respect Program's advocate (Wanda Swan), Office of Health Promotions, at **470-270-5360**.
http://studenthealth.emory.edu/hp/respect_program/index.html
- **Office of Accessibility Services (OAS):** Phone: 404-727-9877 | TTD 404-712-2049
<http://accessibility.emory.edu/index.html>

Questions?



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