

## Emory University Rollins School of Public Health 2020 Election – Student Support Toolkit

### [Emory University’s Mission & Vision](#)

*If you have any questions, please e-mail the **Rollins Student Support Team** at [rollinsstudentsupport@emory.edu](mailto:rollinsstudentsupport@emory.edu).*

Topic	Additional Information
<b>COVID-19 Concerns During Election Day</b>	<p><a href="#">CDC COVID-19 Guidance for Polling Locations and Voters</a></p> <p>If a student is experiencing symptoms or have been exposed to COVID-19, please contact one of our academic support liaisons at <a href="mailto:rollinsstudentsupport@emory.edu">rollinsstudentsupport@emory.edu</a>.</p> <ul style="list-style-type: none"> <li>• Students who are <b>asymptomatic</b> may also schedule a free COVID-19 test <a href="#">here</a> through Emory University, even if you have already been tested. <b>Please note that testing slots may be limited.</b></li> <li>• Students who are <b>symptomatic</b> should contact the Student Health COVID-19 screening line at 404-727-7551.</li> </ul>
<b>Participation in Rollins Election Day ON (November 3<sup>rd</sup>) and General Information</b>  <u>Instagram Accounts:</u> Rollins Election Day Initiative @emory.redi  Emory Votes Initiative @emoryvotes	<p><b>Emory University Websites for Election 2020 (Monitor for University-Wide Post-Election Events)</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Decision 2020 Website</a></li> <li>• <a href="#">Emory University Campus Life – Emory Votes Initiative</a> <ul style="list-style-type: none"> <li>○ <a href="#">Information for Graduate Students</a></li> <li>○ <a href="#">University Civic Engagement Events</a></li> </ul> </li> </ul> <p><b>Rollins Election Day Initiative</b></p> <ul style="list-style-type: none"> <li>• REDI Calendar of Events (See Instagram)</li> <li>• Follow <b>@emory.redi</b> on Instagram for more information about how to get involved in in-person and virtual civic engagement opportunities before, during, and after election days.</li> </ul>
<b>Post-Election Day Events for Rollins School of Public Health</b>  <u>Instagram Accounts:</u> Rollins School of Public Health @rollinspublichealth  Rollins Election Day Initiative @emory.redi	<p><b>Save the Dates:</b></p> <ul style="list-style-type: none"> <li>• <b>Thursday, November 5<sup>th</sup> from 12:00-1:00PM EST: Post-Election Reflection with Counseling and Psychological Services for RSPH Students</b> – Join our CAPS Facilitators as they provide a safe space to process thoughts and emotions regarding the election, discuss coping skills and strategies to navigate uncertainty, and walk through a guided meditation. <a href="#">REGISTER HERE.</a></li> <li>• <b>Friday, November 13<sup>th</sup> from 12:00-1:00PM EST: “What’s Next in Public Health?” A Panel Discussion for the Rollins Community</b> – Join Rollins Faculty in discussing the implication of this election cycle, how politics intersects with public health, and how we can continue advocating for and advancing the issues we are passionate about. <a href="#">REGISTER HERE.</a></li> </ul>

<p><b>Crisis and Emergency Resources</b></p>	<p>Crisis and Emergency Protocol:</p> <ul style="list-style-type: none"> <li>• In the event of a <b>medical emergency</b>, please call 911.</li> <li>• In the event of a <b>mental health emergency</b>, <a href="#">Student Case Management and Intervention Services</a> assists Emory Students with acute and non-acute distresses. To speak with a member of the SIS team, please call their <b>24/7 hotline (404-430-1120)</b> <ul style="list-style-type: none"> <li>○ CAPS has <b>Crisis Triage Appointments</b> available Monday – Friday, 8:30 – 3:30PM EST. Students may call 404-727-7450 to speak with a therapist on-call.</li> <li>○ <b>Nighttime Emergencies:</b> <ul style="list-style-type: none"> <li>▪ Call 911 (from on or off campus)</li> <li>▪ Emory University Hospital Emergency Room: 1364 Clifton Road (404-712-7100)</li> <li>▪ Emory Emergency Medical Services (EMS): 404-727-6111</li> </ul> </li> </ul> </li> <li>• In the event of <b>all emergencies or assistance with crisis management</b>, please notify <b>Joanne Williams</b>, Assistant Director for Student Engagement (jampost@emory.edu, call/text 404-683-5404) and <b>Kara Robinson</b>, Associate Dean for Admission &amp; Student Affairs (klbrow2@emory.edu).</li> </ul>
<p><b>Mental Health Therapy Services and Medical Care</b></p> <p><u>Instagram Accounts:</u>  Counseling and Psychological Services @emorycaps   Student Health Services @emorystudenthealth</p>	<p>Counseling and Psychological Services (CAPS), Student Health Services, and Timely MD Resources located <a href="#">HERE</a>. <b>Please review this link to find out which services are offered to US and International Students. Insurance may be required.</b></p> <p>As an update, Counseling and Psychological Services (CAPS) will be increasing the number of individual therapy appointments to <b>12 sessions per academic year, for students residing in Georgia</b>. <a href="#">More information here</a></p> <p><b>For students residing in Georgia, in another state, or internationally</b>, Emory University has contracted with <a href="#">TimelyMD</a> to provide 24/7 mental health support. This support includes scheduling counseling visits (12 sessions per academic year), and 24/7 access and emotional support with their Talk Now Program. TimelyMD also provides medical telehealth services (24/7 medical)</p>
<p><b>Mental Health Outreach Services</b></p> <p><u>Instagram Accounts:</u>  Rollins School of Public Health</p>	<p><a href="#">Register here</a> on the CAPS Website for Outreach Services. All US and International Students may participate; no insurance required.</p> <p><a href="#">CAPS – Coping With the Political Climate Resource</a></p>

<p>@rollinspublichealth</p> <p>Office of Health Promotion @emoryohp</p> <p>Counseling and Psychological Services @emorycaps</p> <p>Student Health Services @emorystudenthealth</p>	<p><b>Mindfulness Mondays</b> <i>Guided meditation to support presence, intention setting, and compassion.</i></p> <ul style="list-style-type: none"> <li>• Mondays through December 14<sup>th</sup> from 12:00-12:30PM EST</li> </ul> <p><b>Anxiety Toolkit</b> <i>A one-time 90-minute workshop that will provide education on anxiety and teach coping skills for managing anxiety symptoms</i></p> <ul style="list-style-type: none"> <li>• November 9 and November 23 from 1-2:30PM</li> </ul> <p><b>Support Groups</b></p> <ul style="list-style-type: none"> <li>• Black Graduate Student Support Group: Thursdays from 4:00-5:15PM EST (<a href="mailto:tggran2@emory.edu">tggran2@emory.edu</a>)</li> <li>• BIPOC Student Support Group – Tuesdays from 5:30 – 6:30PM EST (<a href="mailto:mpalan2@emory.edu">mpalan2@emory.edu</a>)</li> <li>• International Student Support Group – Fridays from 5:30-6:30PM EST (<a href="mailto:mpalan2@emory.edu">mpalan2@emory.edu</a>)</li> </ul>
<p><b>International Student Resources &amp; Legal Support</b></p> <p><u>Instagram Accounts:</u> Emory ISSS @emoryisss</p> <p>Rollins International Student Association @risarsph</p>	<p><a href="#">International Student and Scholar Services (ISSS)</a></p> <ul style="list-style-type: none"> <li>• RSPH Liaison: Christy Rakness, <a href="mailto:christy.rakness@emory.edu">christy.rakness@emory.edu</a></li> <li>• <a href="#">International Student Resources (Visa, Documentation, Pre-Arrival, etc.)</a></li> <li>• <a href="#">International Student FAQs: Immigration and COVID-19</a></li> </ul> <p><a href="#">Student Legal Support for International Students</a> Provided by Emory University School of Law</p> <p><b>RSPH Contacts for International Student Life:</b> Shannon Vassell, Assistant Director for Community-Engaged Learning and Cultural Humility <a href="mailto:Shannon.vassell@emory.edu">Shannon.vassell@emory.edu</a></p> <p>Heather Zesiger, Senior Director for Student Engagement <a href="mailto:Heather.zesiger@emory.edu">Heather.zesiger@emory.edu</a></p>
<p><b>DACA / Undocumented Student Resources</b></p>	<p>Emory University <a href="#">affirms</a> support for DACA / Undocumented Students.</p> <ul style="list-style-type: none"> <li>• For those that are in need of support, please contact <a href="#">Student Case Management and Intervention Services</a>. They may refer students to mental and physical health services, referrals to legal advisors and other <a href="#">resources</a> to support student well-being.</li> </ul> <p><b>RSPH Contact for DACA / Undocumented Students:</b> Prudence Goss, Assistant Dean for Admission &amp; Recruitment <a href="mailto:Prudence.goss@emory.edu">Prudence.goss@emory.edu</a></p>

<p><b>Legal Support for US Students</b></p>	<p><a href="#">Atlanta Legal Aid</a> – Recommended by Student Case Management and Intervention Services</p> <ul style="list-style-type: none"> <li>• Call the location and go through a phone screening</li> <li>• Costs are determined based on a sliding scale</li> </ul>
<p><b>Activism and Self-Care</b></p> <p><u>Instagram Accounts:</u> Rollins School of Public Health <a href="#">@rollinspublichealth</a></p> <p>Counseling and Psychological Services <a href="#">@emorycaps</a></p> <p>Office of Racial and Cultural Engagement <a href="#">@emoryrace</a></p> <p>Emory LGBT Life: <a href="#">@emorylgbtlife</a></p> <p>Emory Center for Women <a href="#">@emorycwe</a></p>	<p>The <a href="#">Office of Racial and Cultural Engagement (RACE)</a> and CAPS: <b>Activism and Self-Care Series</b></p> <p><a href="#">Activist Burnout – Balancing the Role of a Student Activist</a></p> <ul style="list-style-type: none"> <li>• Tuesday, November 17<sup>th</sup> at 6:00PM EST – Zoom ID: 930 337 68144</li> <li>• No registration required</li> </ul>
<p><b>Respect for Open Expression and Activism Resources</b></p> <p><u>Instagram Accounts:</u> Emory Campus Life <a href="#">@emorycampuslife</a></p> <p>Office of Racial and Cultural Engagement <a href="#">@emoryrace</a></p>	<p><a href="#">Respect for Open Expression Policy (Policy 8.14)</a>: As a community of scholars, Emory University is committed to an environment where open expression of ideas is valued, promoted, and encouraged. Recognizing that the educational process of our institution requires diverse forms of open expression – including freedom of thought, inquiry, speech, activism, and assembly – the university affirms the rights of members of the community to assemble and demonstrate peaceably within the limits of this policy. The university must simultaneously maintain the right of community members to pursue their day-to-day activities and to be protected from physical injury or property damage. The <a href="#">Respect for Open Expression Policy</a> was therefore implemented in 2013 to affirm Emory’s unwavering commitment to open expression, while acknowledging the challenges and tensions these actions could create in an ever-changing community.</p>
<p><b>Personal Safety Resources for Students</b></p>	<p><a href="#">LiveSafe</a> is a personal safety mobile app available to all Emory University students, faculty and staff to download for free. This app is provided by <a href="#">Emory University Office of Critical Event Preparedness and Response (CEPAR)</a> and provides a quick, convenient, discrete way to communicate directly with Emory University safety officials.</p> <p><a href="#">Emory Police Department</a> may be reached at 404-727-6111 (Emergency) or 404-727-8005 (24-Hour Non-Emergency)</p>

