## RSPH STUDENT SUPPORT TOOLKIT

Spring 2022

TOPIC	RESOURCE
Finding a Mental Health Resource List	Students can access a comprehensive list of mental health resources at Emory and Rollins on the <u>RSPH Student Services</u> <u>Canvas Page</u>
	Graduate and Professional Student Resources at Emory University may also be found <u>here.</u>
Accessibility	To obtain an accommodation letter for your accessibility needs, you can e-mail accessibility@emory.edu or visit their website here.
	Additionally, you may contact RSPH Accessibility Liaison: Jena Black, Director of Enrollment Services and Academic Affairs, at jena.black@emory.edu
Academic Support/Tutoring	Rollins provides free quantitative (BIOS and EPI) and writing tutors through the RSPH Academic Resource Center. Information about how to schedule individual appointments and attend dropin hours

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CAPS Workshops, Skills Groups, and Toolkits	In addition to individual therapy, CAPS also has a variety of additional services, such as workshops, skills groups, and toolkits that do not require insurance. You can find more information here.
Crisis and Case Management	Student Case Management and Intervention Services assists students and their families on an ongoing basis and in times of crisis to meet academic, medical, financial, and social challenges. Click here for more information or call their 24/7 hotline at 404-430-1120.
Expecting Parents or Pregnancy Accommodations	If you are expecting, please contact Joanne Williams, RSPH Deputy Title IX Coordinator, at jampost@emory.edu.
Financial Support	If you are experiencing financial difficulties related to personal expenses or tuition, please contact RSPH Enrollment Services at rsphenrollmentservices@emory.edu.
Food or Housing Security	If you or someone you know is experiencing food or housing insecurity, you may contact Student Intervention Services at 404-430-1120 or complete a <u>Student of Concern Form.</u> You will be connected with a case manager who will confidentially work with you to get you access to the resources that you need.
Nutrition	Student Health Services offers students up to 14 free sessions with a registered dietician to meet their nutrition goals. You can sign up for an appointment through the <u>Patient Portal.</u>
Technological Support/ Access	If you are in need of a laptop and are seeking to purchase one at a discount, you can visit <u>here.</u> They provide next-day shipping.
Title IX (Sexual Harassment or Gender- Based Discrimination)	If you might have experienced sexual harassment or gender-based discrimination, please contact Joanne Williams, RSPH Deputy Title IX Coordinator, at jampost@emory.edu. Please note that she is a mandatory reporter.  If you prefer to speak with someone confidentially, please contact an Advocate at the Emory University Office of Respect by e-mailing respect@emory.edu or calling their 24/7 Advocate Hotline at 470-270-5360.
Recreation and Wellness	Emory Rec and Wellness is open for graduate students; please visit this website for more information.



